

# Freezing-In Gravitational Waves

Jan Schütte-Engel

Cosmology from Home 2023

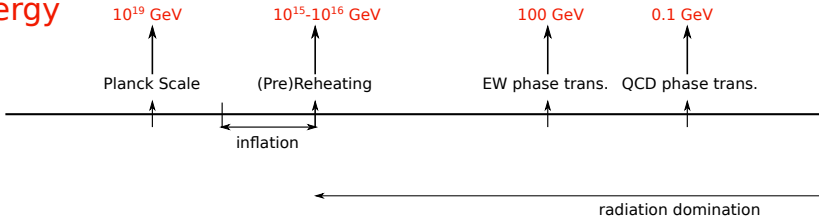
based on

[Ringwald, **JSE**, Tamarit 20], [Ghiglieri, **JSE**, Speranza 22]

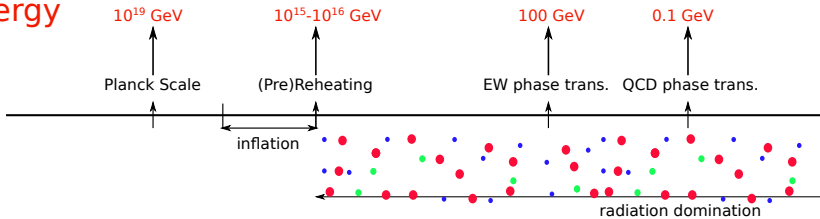




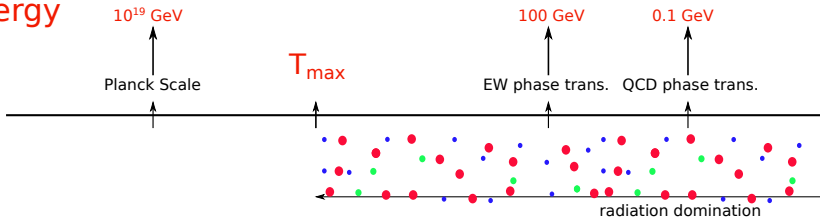
# Energy



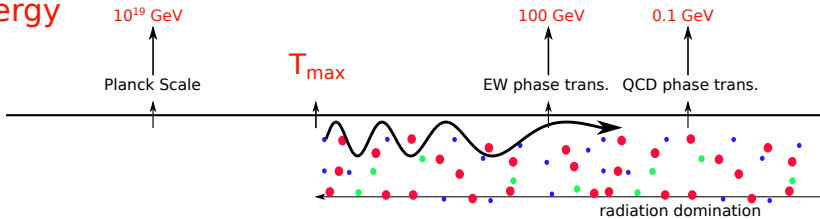
# Energy



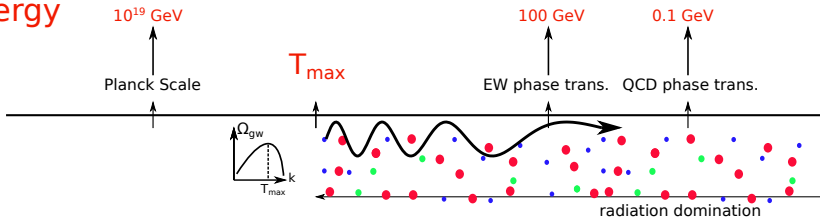
Energy



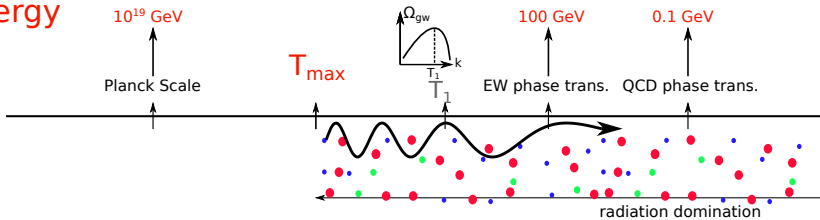
Energy



# Energy

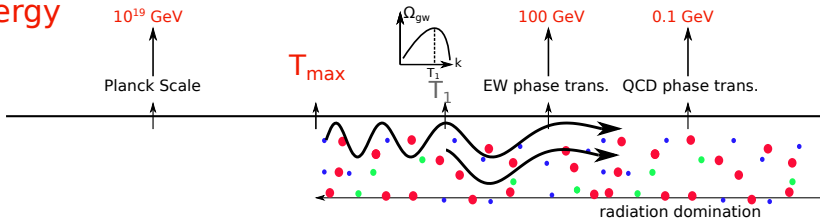


Energy

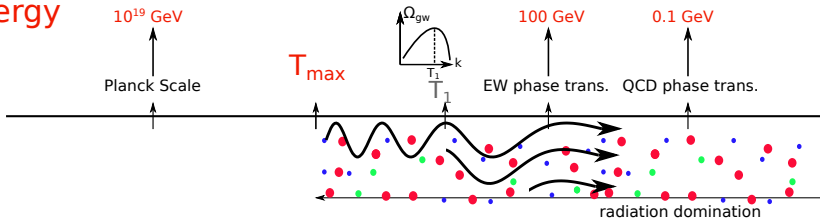




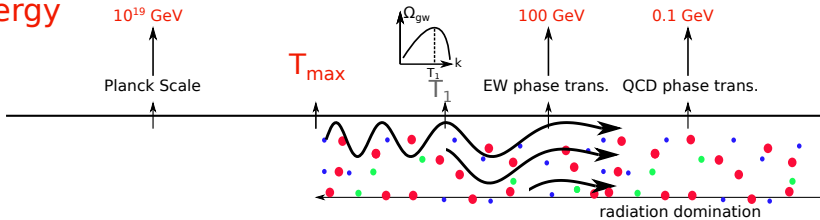
Energy



Energy

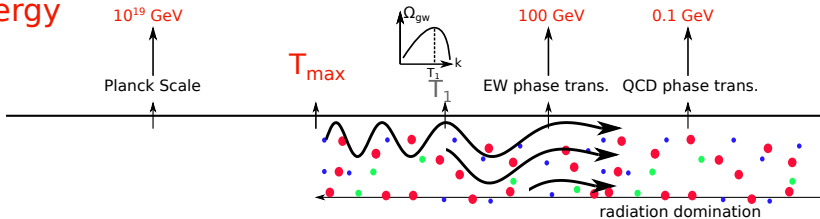


Energy

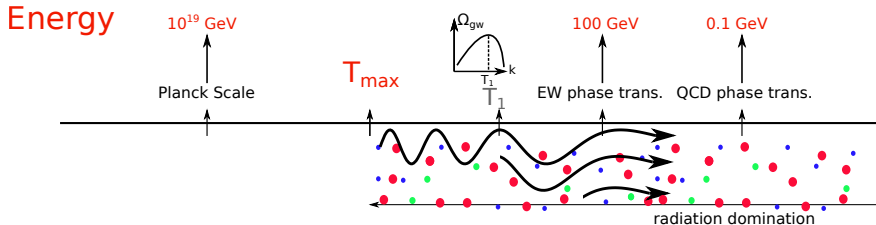


$$\omega_g^{\text{today}} = \left( \frac{g_{*s}(T_0)}{g_{*s}(T_{\max})} \right)^{\frac{1}{3}} \frac{k_{\max}}{T_{\max}} T_0$$

Energy



$$\omega_g^{\text{today}} = \left( \frac{g_{*s}(T_0)}{g_{*s}(T_{\max})} \right)^{\frac{1}{3}} \frac{k_{\max}}{T_{\max}} T_0 \approx \left( \frac{g_{*s}(T_0)}{g_{*s}(T_1)} \right)^{\frac{1}{3}} \frac{k_1}{T_1} T_0$$



$$\omega_g^{\text{today}} = \left( \frac{g_{*s}(T_0)}{g_{*s}(T_{\max})} \right)^{\frac{1}{3}} \frac{k_{\max}}{T_{\max}} T_0 \approx \left( \frac{g_{*s}(T_0)}{g_{*s}(T)} \right)^{\frac{1}{3}} \frac{k}{T} T_0$$

Cosmic Gravitational Microwave Background (CGMB)

## Distribution functions

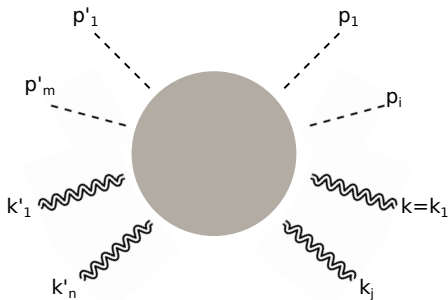
$$f_\phi(t, k) \equiv \frac{\text{Number of } \phi\text{-states with momentum } k \text{ in } d^3k \text{ interval}}{V d^3k / (2\pi)^3},$$

$$f_h(t, k) \equiv \frac{\text{Number of gravitons with momentum } k \text{ in } d^3k \text{ interval}}{V d^3k / (2\pi)^3},$$

## Evolution equations

$$\dot{f}_\phi(t, k) = G_\phi(t, k) - L_\phi(t, k),$$

$$\dot{f}_h(t, k) = G_h(t, k) - L_h(t, k),$$

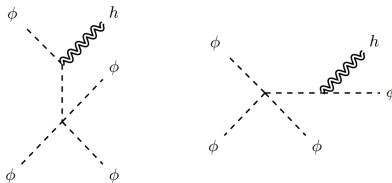


$$G_h(t, k) = \frac{1}{4k} \sum_{\substack{\text{all processes } r \\ \text{with at least one} \\ \text{final state graviton}}} S_r \int d\Omega_r |\mathcal{M}_r|^2 \times f_\phi(p'_1) \cdots f_\phi(p'_m) f_h(k'_1) \cdots f_h(k'_n) \times \\ \times (1 + f_\phi(p_1)) \cdots (1 + f_\phi(p_i)) (1 + f_h(k)) \cdots (1 + f_h(k_j)).$$

# Lowest order processes

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k),$$

Single graviton production

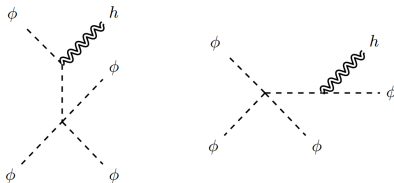


$$|\mathcal{M}|^2 \sim \lambda^2 \left( \frac{1}{m_p} \right)^2$$

# Lowest order processes

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k),$$

Single graviton production



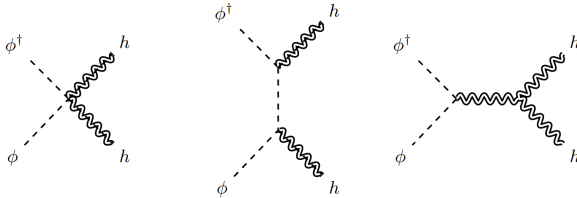
$$|\mathcal{M}|^2 \sim \lambda^2 \left( \frac{T_{\max}}{m_p} \right)^2$$



# Lowest order processes

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k),$$

graviton pair production

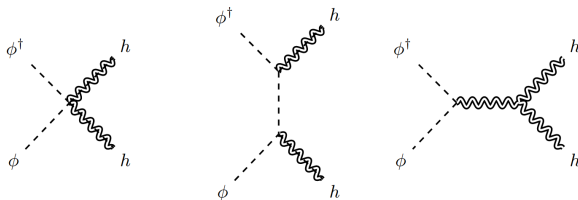


$$|\mathcal{M}|^2 \sim \left(\frac{1}{m_p}\right)^4$$

# Lowest order processes

$$f_h(k) = 0 + f_h^{(2,2)}(k) + f_h^{(0,4)}(k),$$

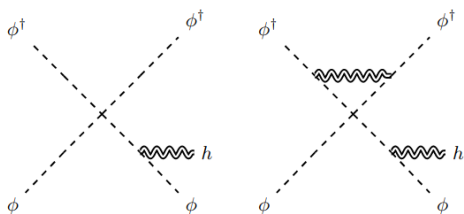
graviton pair production



$$|\mathcal{M}|^2 \sim \left( \frac{T_{\max}}{m_p} \right)^4$$

# Quantum Gravity effects

An example:



Interference

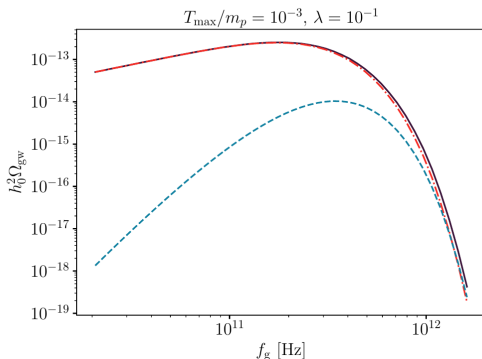
$$|\mathcal{M}|^2 \sim \lambda^2 \left( \frac{T_{\max}}{m_p} \right)^4$$

[Ghiglieri, **JSE**, Speranza, in progress]

$$h_0^2 \Omega_{\text{gw}}(f_g) \sim \frac{T_{\text{max}}}{m_p} n_B(y_{\text{max}}) \left( \lambda^2 \psi^{(2,2)}(y_{\text{max}}) + \frac{1}{3} \left( \frac{T_{\text{max}}}{m_p} \right)^2 \psi^{(0,4)}(y_{\text{max}}) + \dots \right)$$

$$\text{with } y_{\text{max}} \equiv \frac{2\pi f_g}{T_{\text{today}}} \left( \frac{g_{*s}(T_{\text{max}})}{g_{*s}(T_{\text{today}})} \right)^{1/3} = 0.14 \left( \frac{f_g}{10^{10} \text{ Hz}} \right) \left( \frac{g_{*s}(T_{\text{max}})}{2} \right)^{1/3}$$

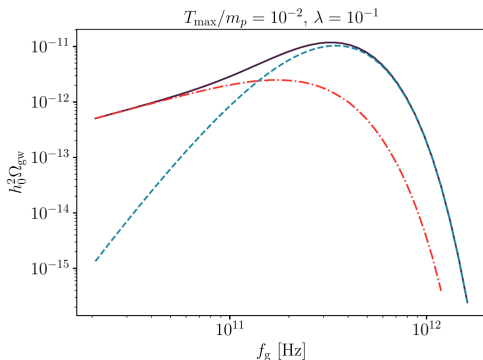
— total    - - - (2,2) single graviton prod.    - - - (0,4) graviton pair prod.



$$h_0^2 \Omega_{\text{gw}}(f_g) \sim \frac{T_{\text{max}}}{m_p} n_B(y_{\text{max}}) \left( \lambda^2 \psi^{(2,2)}(y_{\text{max}}) + \frac{1}{3} \left( \frac{T_{\text{max}}}{m_p} \right)^2 \psi^{(0,4)}(y_{\text{max}}) + \dots \right)$$

$$\text{with } y_{\text{max}} \equiv \frac{2\pi f_g}{T_{\text{today}}} \left( \frac{g_{*s}(T_{\text{max}})}{g_{*s}(T_{\text{today}})} \right)^{1/3} = 0.14 \left( \frac{f_g}{10^{10} \text{ Hz}} \right) \left( \frac{g_{*s}(T_{\text{max}})}{2} \right)^{1/3}$$

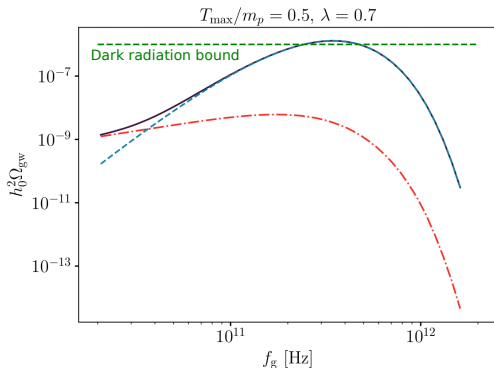
— total    -.- (2,2) single graviton prod.    -.- (0,4) graviton pair prod.



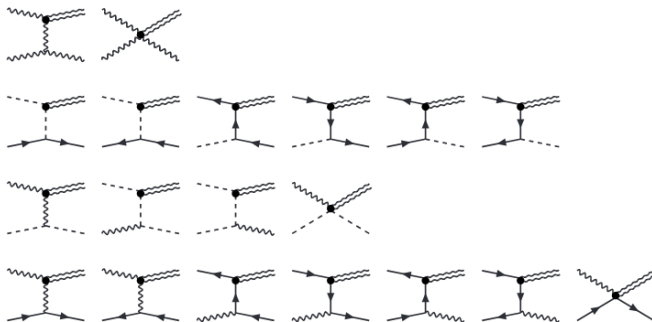
$$h_0^2 \Omega_{\text{gw}}(f_g) \sim \frac{T_{\text{max}}}{m_p} n_B(y_{\text{max}}) \left( \lambda^2 \psi^{(2,2)}(y_{\text{max}}) + \frac{1}{3} \left( \frac{T_{\text{max}}}{m_p} \right)^2 \psi^{(0,4)}(y_{\text{max}}) + \dots \right)$$

$$\text{with } y_{\text{max}} \equiv \frac{2\pi f_g}{T_{\text{today}}} \left( \frac{g_{*s}(T_{\text{max}})}{g_{*s}(T_{\text{today}})} \right)^{1/3} = 0.14 \left( \frac{f_g}{10^{10} \text{ Hz}} \right) \left( \frac{g_{*s}(T_{\text{max}})}{2} \right)^{1/3}$$

— total    -.- (2,2) single graviton prod.    -.- (0,4) graviton pair prod.



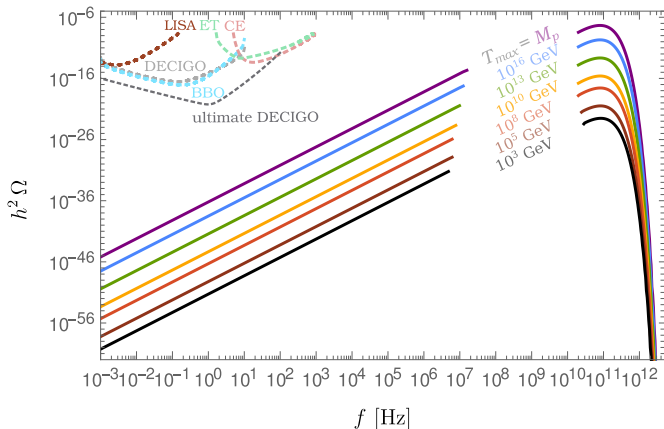
# The CGMB spectrum in the Standard Model



[Ghiglieri, Laine 15],[Ghiglieri, Jackson, Laine, Zhu 20]

(only single graviton production processes included)

# The CGMB spectrum in the SM and beyond



[Ghiglieri, Jackson, Laine, Zhu 20], [Ringwald, **JSE**, Tamarit 20]

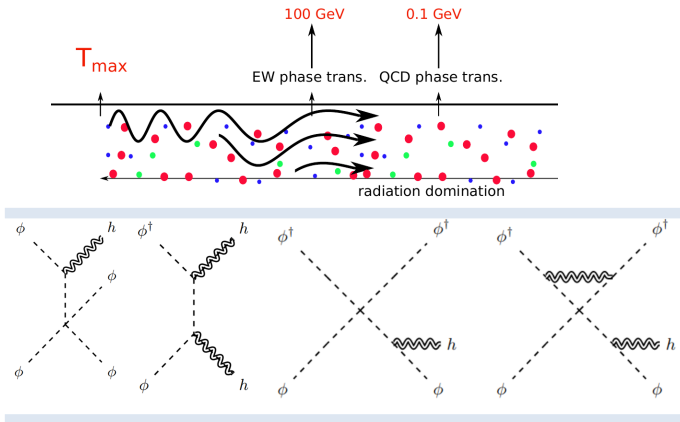
In BSM theories:

$$f_{\text{peak}}(T_{\text{max}}) \sim \left[ \frac{106.75}{g_{*s}(T_{\text{max}})} \right]^{\frac{1}{3}}$$

	SM	MSSM
$g_{*s}(T_{\text{max}})$	106.75	228



# Conclusions



$$f_{\text{peak}}(T_{\max}) \sim \left[ \frac{106.75}{g_{*s}(T_{\max})} \right]^{\frac{1}{3}}$$